



Join us for an  
Interdenominational  
Retreat at the  
Franciscan Retreat &  
Spirituality Center in  
Prior Lake, MN.

For more information  
or to register contact

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# Healing Takes Time

## *Fall Retreat*

**September 17 - 19, 2021**

Friday, 7 pm  
Thru Sunday, 11 am

This retreat is an uplifting experience  
to help those who are suffering from the loss of a loved one  
find hope and healing in their grief journey.

Small Group breakout sessions will be held and led by those  
who have experienced the same/similar type of loss.

### **Breakout sessions types include:**

- **Loss of Child**
- **Loss of Spouse**
- **Loss through Suicide**
- **Loss through Pregnancy and Infant Loss**
- **Loss of Sibling/Parent**
- **Loss through Homicide**



**Dr. Melissa Mork**  
**Keynote Speaker**

**“Tasks, Coping, and  
Resilience with Grief”**

Melissa was orphaned in college when her mother was killed in a car crash. Melissa lost friends to brain aneurysm, heart attack, Covid, and suicide. She suffered multiple miscarriages throughout her marriage, and then her husband died of an aggressive lung cancer, leaving her to parent their two children alone. Consequently, Melissa is intimately acquainted with grief.

- Website: [www.melissamork.com](http://www.melissamork.com)
- YouTube channel: [www.youtube.com/MelissaBaartmanMork](https://www.youtube.com/MelissaBaartmanMork)
- Navigating Grief with Humor (book) <https://www.amazon.com/Navigating-Grief-Humor-Melissa-Mork/dp/1072194244>