



Franciscan

RETREATS AND SPIRITUALITY CENTER



2013 Lenten Days of Prayer

at Franciscan Retreats and Spirituality Center

The Saints: Extraordinary Love in Ordinary and Not-So-Ordinary Lives

In the Roman Catholic tradition, saints are looked upon as role models and intercessors for us. The late Bl. John Paul II added 482 men, women and children to the Calendar of Saints. Many saints and blessed are well-known to us: St. Francis of Assisi, St. Anthony of Padua, Saint Therese of Lisieux, but there are many newer saints with whom we have less familiarity. As we examine the lives of these men, women, and children certain themes emerge, and during our 2013 Lenten Prayer Days, we will explore these themes within the lives of some well-known and lesser known saints and blessed.

February 20: *The Saints: Extraordinary Love in Ordinary and Not-So-Ordinary Lives*, presented by **Br. Bob Roddy, OFM Conv.**

February 27: *Love in the Midst of Dark Times: Saints Maximillian Kolbe, Marianne Cope and Damian Veuster*, presented by **Br. Ian Bremar, OFM Conv.**

March 6: *Love in the Ordinary: Saints Therese of Lisieux and Francis de Sales*, presented by **Bro. Bob Roddy, OFM Conv.**

March 13: *The Artful Response of Love—Saints as Poets: Saints Teresa of Avila and John of the Cross*, presented by **Bro. Ian Bremar, OFM Conv.**

Cost: \$20.00 per day (if pre-registered)/person; \$25.00 per day (day of the program) includes retreat program and opportunity for Confession and Mass. Participants bring their own lunch; beverages are provided.

Days of Prayer begin at 9:30 a.m. with a gathering time for coffee or tea in the Dining Room and conclude by 2:30 p.m. Call 952-447-2182 ext 10 for reservations or secretary@franciscanretreats.net.



"May the Lord give you peace."

St. Francis of Assisi

Retreat Schedule January to December 2013

Compassion: A COMPASS for the Soul

A Retreat for Everyone

Please pray for these retreats, and think about joining us.

WEEKEND RETREATS

January 11 – 13	Women's Weekend
January 18 – 20	Prayer Shawl Retreat
February 1 – 3	Men's Weekend
February 8 – 10	Married Couples
February 22 – 24	Women's Weekend
March 22 – 24	Women's Weekend (Palm Sunday)
April 12 – 14	Married Couples
April 19 – 21	Women's Weekend
May 24 – 26	Persons with Disabilities
October 4 – 6	Women's Weekend
October 11 – 13	Women's Weekend
October 18 – 20	Women's Weekend
October 25 – 27	Friends of Francis
November 1 – 3	Women's Weekend
December 6 – 8	Serenity AA-Al-Anon
December 13 – 15	Men's Weekend

MIDWEEK RETREATS

January 15 – 17	Women's Midweek
April 16 – 18	Women's Midweek
May 14 – 16	Women's Midweek
June 11 – 13	Women's Midweek
September 10 – 12	Women's Midweek
September 17 – 19	Women's Midweek
October 1 – 3	Women's Midweek

DAYS OF PRAYER 2013

LENT	ADVENT
February 20	December 4
February 27	December 11
March 6	December 18
March 13	

OTHER RETREATS

March 28 – 30	Men's Holy Week
August 8 – 11	Silent Weekend
June 22 – 28	Silent Directed Retreat

FRANCISCAN RETREATS AND SPIRITUALITY CENTER

16385 Saint Francis Lane
Prior Lake, MN 55372-2220
952 447 2182
www.FranciscanRetreats.net

REGISTRATION FORM

RETREAT DATES: _____

SEND TO: Franciscan Retreat & Spirituality Center, 16385 St. Francis Lane, Prior Lake, MN 55372-2220

Name: _____ Telephone # _____

Address _____ City _____

State _____ Zip _____ - _____ E-Mail _____

**REGISTRATION FEE \$30.00 Payment Check # _____

Credit Card: Visa Discover MasterCard # _____ - _____ - _____ - _____ Exp. Date _____ Sec. Code _____

Signature Approval _____

****A non-refundable registration fee of \$30.00 per person is required and must be received in order to reserve a room.**

New Retreat Offering: Palm Sunday WOMEN'S WEEKEND March 22-24, 2013

We have added a new **Women's Weekend** to our preached retreat offerings for **Palm Sunday weekend, March 22-24, 2013**. This retreat is being offered in response to the large number of women who wished to attend the April 19-21 Women's Weekend. This will be a wonderful opportunity to prepare oneself for Holy Week and Easter.

The theme for this retreat will be **Compassion: A Compass for the Soul**. All of us are faced with many choices and many good courses of action to follow. Sometimes our options are obvious, but most of the time, we are caught weighing the pros and cons of a decision to the point where there appears to be no clear choice. Often, we are presented with many good choices to make, but what is the right choice for **me** to make? What are some of the principles that assist us in our process of making decisions and how can the words of the Gospel inform those decisions? How can we better dispose ourselves to listen and to consider all of the alternatives? What role does prayer play in leading our actions?

One hallmark of Jesus' ministry is his compassion; his ability to reach out and connect with those in the various strata of his world from those at the bottom of the social order, e.g., the woman caught in the act of adultery, to those in power, e.g., Nicodemus. Jesus could feel their longing for dignity, for a deeper connection with their community and a deeper connection with their God. During this retreat we will explore the many ways in which the gift of compassion can point us in the direction we deeply desire to move and be moved.

The retreat will begin on Friday evening, March 22nd at 7:30 pm and will conclude with brunch at 12:30 pm on Sunday. The Palm Sunday Liturgy will be celebrated with a procession of palms on Sunday morning. Retreatants may arrive as early as 3:00 p.m. on Friday and enjoy a light supper at 5:30 p.m., but advance notice is required for early arrivals. The suggested donation for the retreat is \$140.00-\$160.00. To make your reservation, please call 952-447-2182 ext. 10 or e-mail secretary@franciscanretreats.net.



INTRO TO

Bob Beck

In our previous newsletter, board member Dave Chromy mentioned that the Franciscan Retreats and Spirituality Center was in the process of interviewing for a business manager – promotions position. The position has been filled by Bob Beck.

Bob's title, "**Director of Marketing and Operations**" reflects the varied duties entailed in this new position. Bob's time will be split approximately 60/40% between marketing and operational support.

Bob's combination of experience in multichannel marketing and familiarity with the retreat center as a volunteer helped him 'survive' a pool of 26 applicants.

As a recent retreatant at the December Men's Retreat, Bob got to know several long-time retreat center supporters. He welcomes making contact with all who have a heart for the retreat center, using their feedback on 'what makes it special,' to help shape his promotional efforts. Feel free to contact Bob to get acquainted over a cup of coffee.

While having two 'Bobs' at the retreat center can be a bit confusing, so far asking for Brother Bob versus Bob B. seems to be doing the trick!

Bob, his wife Sue and two adult children are Prior Lake residents.



► Christmas Campaign

UPDATE

The Christmas fundraising campaign has gone well – we have exceeded our goal of \$10,000!

Thank you for your generosity towards this campaign. We have added the new media system highlighted by a 60”TV mounted above the fireplace of the Marian Lounge. It’s been excellent for digital presentations and movie viewing plus it’s very easy to set up! Presenters now have the modern media tools people expect to see to strengthen the impact of their messages.

Thank you for continuing to support our efforts towards making the retreat center as hospitable and up to date as possible!



CHRISTMAS Open House

... and before we leave the subject of Christmas, the Christmas Open House at the retreat center was a hit – over 50 people attended the first of two Thursday nights, and nearly double that number attended the second. Attendees were a remarkable mix of long-time retreat center fans and neighbors from three blocks away that had never been to the building! The festive lighting, luminary trail and hospitality seemed to infuse everyone with the Christmas Spirit. Father Tom Merrill and friends worked especially hard on the lighting this season so it was wonderful seeing so many enjoying it.

OUR Franciscan International Award RECIPIENT Gina Tupy

“Watch out when you give God a blank check,” is a favorite saying of Gina Tupy, this year’s Franciscan International Award recipient. As the indefatigable Director of Confirmation and High School Youth Ministry for the Church of St Michael in Prior Lake, Gina approaches her ministry with much joy, love and laughter.

Affectionately referred to as ‘the oldest teenager in Prior Lake,’ Gina has given her life to the youth of the Church of St. Michael in Prior Lake, MN for 32 years. In that time she has created one of the most lively and fruitful youth ministry programs in the country. In addition to directing the Faith Formation program she has created the Holy Grounds Coffeehouse, a loving and faith-filled place for teens. Gina has spent long hours on a bus for Catholic Heart Work camp mission trips, the National Catholic Youth Conference and the national March for Life. She brought Quest, TEC, Cursillo and Parent Retreats to St. Michael. She brings youth together for Teen Masses, concerts, lock-ins, Respect Your Elders and teen adoration. As Gina often says, “Teens don’t care how much you know; they care how much you care.”

As youth ministry volunteers in the Prior Lake area know, it’s hard to say ‘No’ to Gina. We hope you say YES to our invitation to attend this year’s FIA dinner honoring Gina’s devotion to making Jesus known and loved in the lives of teens.

Please keep Thursday, May 9, 2013 open for the 55th Franciscan International Award Dinner at the Wilds golf club in Prior Lake, Minnesota.

Please call the Franciscan Retreats and Spirituality Center at **952-447-2182** for reservations by April 30th, 2013.

55th Franciscan International Award Dinner Thursday, May 9, 2013

6:00 PM – Gathering with social hour
7:00 PM – Dinner

The Wilds Golf Club

3151 Wilds Pkwy NW, Prior Lake, MN 55372

Dinner Tickets

\$60 Individual Ticket (1 person)

\$150 Sponsor Ticket (2 people)

\$250 Patron Ticket (2 people)

\$500 Benefactor Ticket (2 people)


Entree Choices:

Mediterranean Chicken or Teriyaki Salmon

To purchase tickets call 952-447-2182

Tickets must be purchased by April 30th, 2013

Patrons and sponsors are listed in the program





Electronic COMMUNICATIONS

As we expand our connections with you in the electronic realm we'll introduce new communication channels here.

E-mail – If you would like to stay in touch electronically as well as traditionally, feel free to forward your e-mails to: businessmanager@franciscanretreats.net. Include your full name and address so we can cross reference in our database. We already have e-mails from many of you, but if you are not sure we have yours or if it's recently changed, please let us know. We promise not to 'deluge' you with e-mails or share our list in any way. It's just another way to keep in touch, especially with time sensitive items that occur between these newsletters.



CARAMELIZED Apple French Toast

Judy Miller, Chef

Franciscan Retreats and
Spirituality Center

SUMMER Directed Retreat at Franciscan Retreats and Spirituality Center June 22-28, 2013

Franciscan Retreats and Spirituality Center will be holding its annual **Silent Directed Retreat, June 22-28, 2013**. Directors for this retreat include: **Fr. Jim Van Dorn, OFM Conv., Kris Joseph, Debbie Koop, and Corrine Kindschy**. Space is limited to 20 retreatants, so it is a good idea to register soon.

In contrast to our preached retreats, our directed retreat pairs each retreatant with a spiritual director with whom the retreatant meets once a day, usually for 50-55 minutes. There will be opportunities for daily Mass, prayer services, and three short conferences on some aspect of Spirituality. The bulk of the retreatant's time is free for personal prayer and reflection as well as experiencing the early summer beauty of the Retreat Center grounds. Silence will be observed throughout the retreat, from Saturday evening after Night Prayer, until brunch on Friday.

The cost of the Retreat is \$525.00, which includes a private room with private bath, daily meeting with a spiritual director and meals. The retreat will begin with dinner at 5:30 p.m. on Saturday, June 22 and conclude with brunch on Friday, June 28. A \$50.00, non-refundable deposit is required to hold your space for the directed retreat. Call 952-447-2182 or e-mail: Secretary@FranciscanRetreats.net for reservations.



Ingredients

- 1 cup brown sugar
- 3 tbsp. light Karo syrup
- 6 tbsp. butter
- 3 Granny Smith apples; peeled, cored and sliced
- 18 slices of day old white bread, french bread or croissants
- 6 eggs
- 2 cups of milk
- 1 tsp. vanilla
- 1 tsp. cinnamon

Combine sugar, syrup and butter. Boil in pan for one minute. Pour into a greased 9" x 13" pan. Place sliced raw apples on top of the caramel mixture. Stand the bread slices side by side in a pan on top of the caramel and apple mixture. Mix eggs, milk, vanilla and cinnamon together. Pour over the bread.

Refrigerate overnight. Bake uncovered at 350 for 45 minutes until brown and slightly puffy. Drizzle maple syrup over the top after it is done baking.



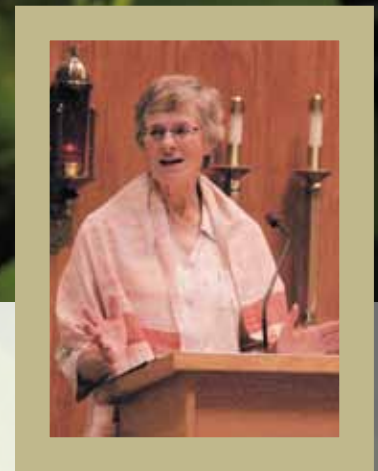
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STAFF PROFILE

Corrine Kindschy

Corrine Kindschy is a native of Minnesota and has served on our preaching staff since 2005. A woman of diverse interests and talents (she is a superb seamstress, to mention one talent of many), Corrine brings unparalleled energy and enthusiasm to our retreats.

Corrine was a member of a Franciscan religious community for 16 years. After she left the community, she entered the field of special education. Eight years later she married; she and her husband enjoyed twenty years together at their home in Wisconsin.

Upon her husband's death, Corrine returned to school and earned a Master of Theology degree at the College of St. Catherine and became a certified spiritual director. She has made several trips to India and brings to her conferences a deep appreciation for the interconnectedness of all the great spiritual traditions in the world. In 2007, Corrine spearheaded the first Retreat for Prayer Shawl Ministers at the Retreat House.

Visit us on the web at www.FranciscanRetreats.net